



## Race Rules

### **XC Eliminator** (Friday 31<sup>st</sup> August)

#### **Format**

The XC Eliminator is a race tournament where four riders race side by side on a short cross-country mountain bike course. Each race consists of a single lap lasting approximately 2 – 3 minutes. This is a “Blind Draw” and riders for the first rounds will be chosen at random, there are no qualification rounds. The first two riders across the finish line in each race progress to the next round. Third and fourth placed riders in each race are eliminated from the tournament (if time allows on the day, a second tournament will be held to give eliminated riders another shot at racing but we’ll have to play that by ear on the day).

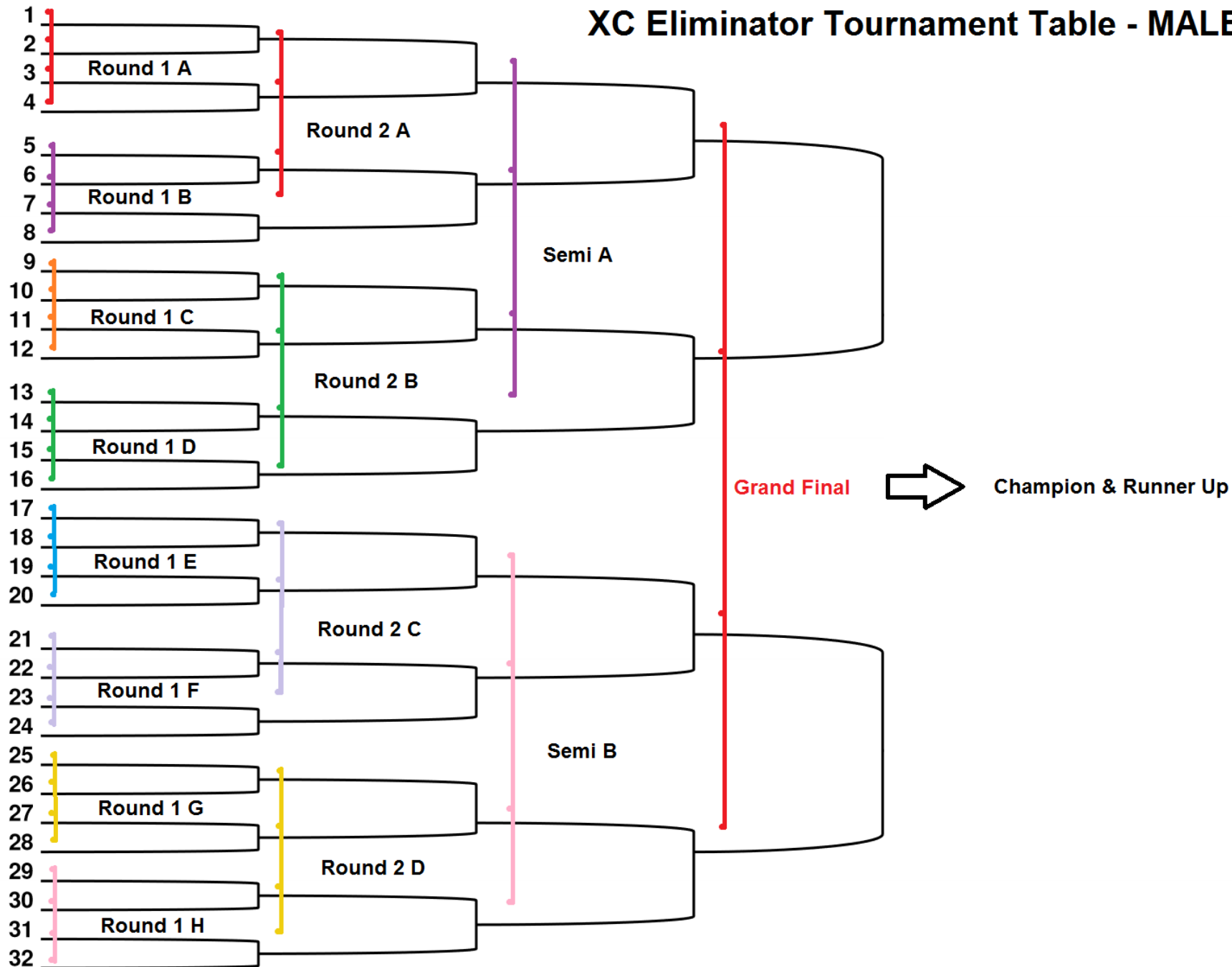
The minimum age of entry to the XC Eliminator is 12 years old. In the eventuality of insufficient numbers of participants to host separate tournaments, Male and Female riders will compete in the same tournament. Trophies will be awarded to Fastest Male and Fastest Female. Runners-up will receive medals.

**Note:** The nature of this race sometimes involves unintentional contact between the riders. Such contact will be tolerated if, in the view of the Race Organiser, they respect the spirit of the race and the principles of fairness and sportsmanship regarding other competitors.

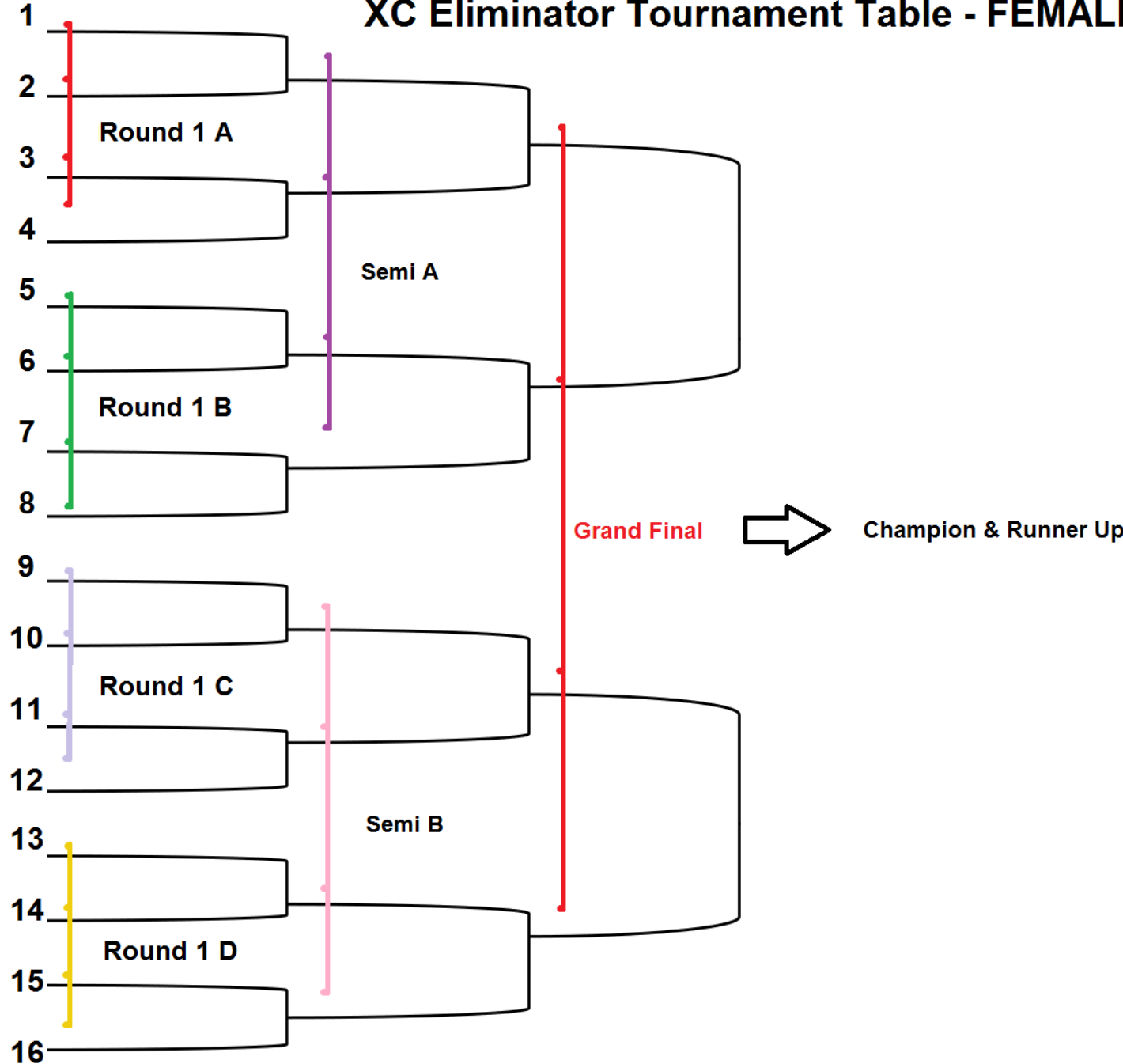
If the 4 riders fall or fail to cross the finish line:

- The order of arrival is determined by the distance covered by each of the riders.
- The winner of the heat is the one who completed the larger portion of the course.

## XC Eliminator Tournament Table - MALE



# XC Eliminator Tournament Table - FEMALE



## Race Course & Practice

This is a short, feature-packed Cross Country course which starts and finishes in the event village. Due to the head-to-head nature of the race, the course consists mostly of double-track with some sections of single-track to allow for over-taking and multiple line choices. There are sharp-corners, steep climbs, fast descents and all jumps and trail features are either avoidable or roll-able. The course is open for practice for an hour prior to the tournament starting.

## Mandatory Equipment

- Mountain Bike
- Fully fastening, undamaged safety helmet
- Bar End Plugs
- Working brakes
- Closed-toed shoes

## Head2Head MTB Race (Practice/Qualifying Saturday 1<sup>st</sup> September. Elimination heats Sunday 2<sup>nd</sup> September)

### Format

The Eliminator Head2Head MTB Race is a unique event which pitches riders from every genre of mountain biking in a series of head to head downhill races. Due to a very steep climb to get to the start line and the potential for a lot of race runs across the weekend, all riders are transported to the start line by tractor and trailer.

### Race Categories

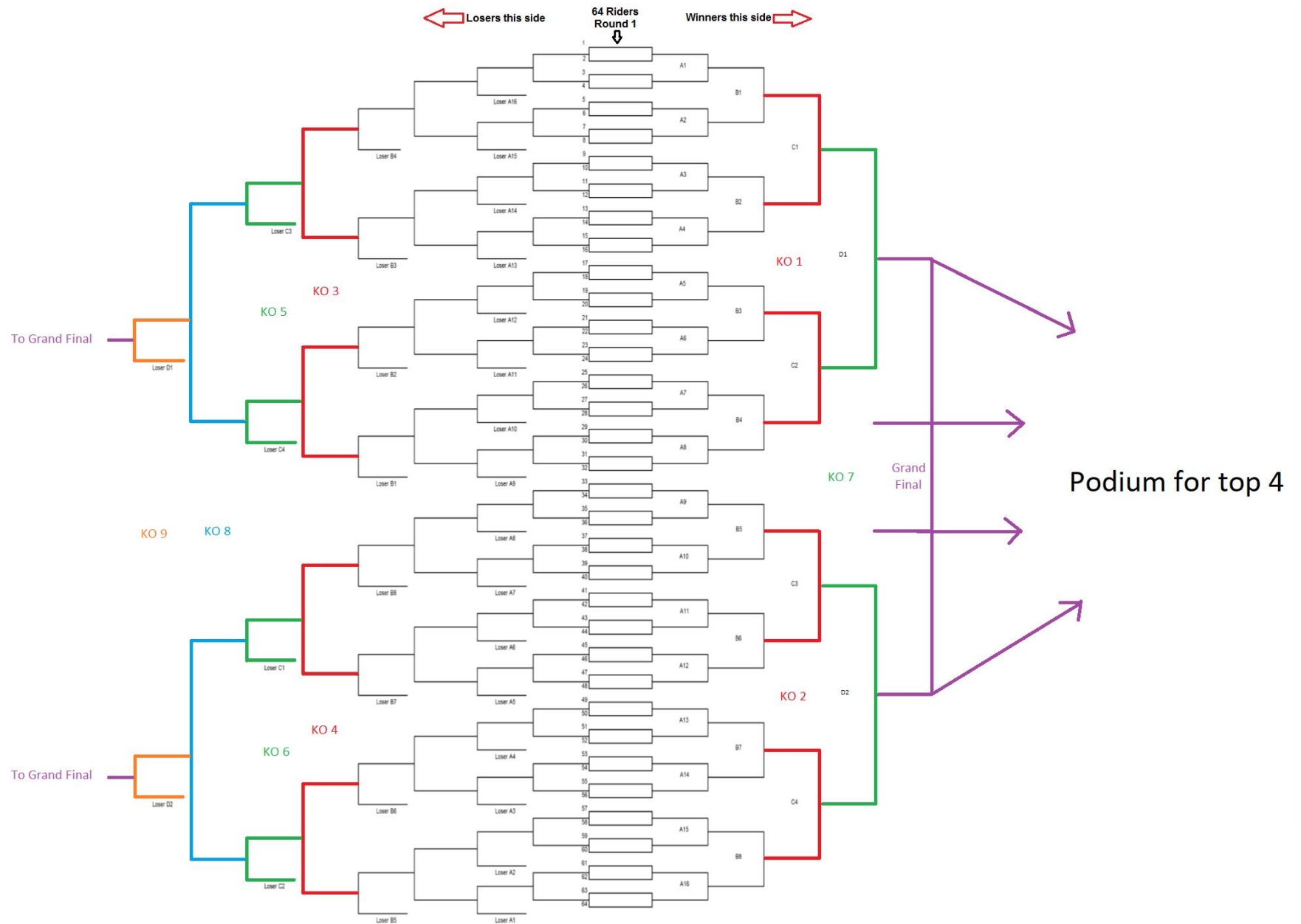
The minimum age of entry to the Head2Head is 12 years old. There are no gender or age categories and the tournament is restricted to a maximum of 64 riders due to the elimination format. Trophies will be awarded to Fastest Male and Fastest Female. Runners-up will receive medals.

**Note:** The nature of this race sometimes involves unintentional contact between the riders. Such contact will be tolerated if, in the view of the Race Organisers, they respect the spirit of the race and the principles of fairness and sportsmanship regarding other competitors.

If both riders fall or fail to cross the finish line:

- The order of arrival is determined by the distance covered by each of the riders.
- The winner of the heat is the one who completed the larger portion of the course.

### Head2Head – Double Elimination Tournament Table



## **The Track**

This is a super-fun, dual-downhill track which is suitable for all types of mountain bike from Hardtail to Downhill bike. The track consists of two separate lanes which merge together at some parts of the course. All large jumps/trail features are either avoidable, or roll-able to appeal to a variety of riding styles and skill levels.

Section 1 - “The Bear”. Lining up alongside your opponent on the start ramp you will be faced with the most spectacular views in Fife, which featured in Danny MacAskill’s “Wee Day Out”. This is a flat-out blast across open hillside featuring off-camber corners, berms, jumps and eye-watering straights. Can you stay in front of your opponent all the way to Section 2?

Section 2 – “The Fairmer’s Forest” The trail splits into two separate ribbons of singletrack and you re-calibrate your brain as it feels like you’re travelling at light-speed between the trees. It’s a laugh a minute in here, fun-packed singletrack full of roots, rocky sections and switchbacks. You can see your opponent out of the corner of your eye but you won’t know who’s in the lead until you reach the infamous Heckler’s Gully. Before you know it, you’ve exploded from the trees at full-pelt and through the heart of the event village, you stomp on the pedals as you race between a sea of excited spectators before boosting the (optional) road gap kicker into the Barley field. Seriously, this is the closest most people will get to racing at Fort Bill World Cup. The atmosphere is ELECTRIC! On to Section 3...

Section 3 – “Crazy Crops” This is what The Eliminator is all about, zig-zagging through a field of fully-grown Barley in a mad dash to the finish-line! Never ridden on a bed of Barley before? You don’t know what you’re missing, it’s 2-wheel-drift-tastic! But who will cross the finish line first to progress to the next round?

### **Practice/Qualifying (Saturday PM)**

Each rider can have unlimited timed runs while the track is open on Saturday afternoon (12.30 – 5.30pm TBC). Each rider’s fastest run counts as their qualifying run and the fastest 64 riders qualify for the Elimination rounds on Sunday. Spaces are limited to just 96 riders, so most riders will qualify for the Head2Head tournament. Riders who do not make it into the top 64 will still use the uplift and ride the Head2Head track on Sunday afternoon. They will also qualify for the Barley Dual Slalom tournament on Sunday. See Barley Dual Slalom section below for full details.

### **Elimination Rounds (Sunday)**

Riders are initially placed on the tournament table according to their qualifying time. Elimination rounds are not timed, and the winner of each race is determined by who crosses the finish line first. The first rider to cross the finish-line moves onto the “winner’s bracket” (see tournament table). Riders can swap lanes during Elimination rounds if they wish, provided they do not make contact with their opponent or force them to brake or swerve as a result. If a rider loses a race they move into the “loser’s bracket” and can progress to the Grand Final by winning the remainder of their races. If a rider loses a second race however, they are eliminated from the tournament completely.

Once we’re down to the last 16 riders we up the stakes and progress to 4-way Head2Head battles! The rules stay the same but there are twice as many riders on track!

### **Mandatory Equipment**

- Mountain Bike of any type fitted with off-road tyres in good condition
- Fully fastening, undamaged safety helmet (open or full-face)
- Mountain Bike in full working order including bar ends and working brakes
- Closed-toed shoes
- Packable, thermal/waterproof layer, sufficient snacks and fluids for several hours on the trails, multi-tool, mini-pump, spare tubes, quick link, puncture repair kit (this can be left at the trail head to avoid carrying whilst racing)

### **Recommended Equipment for all entrants**

- Full Faced Helmet - Knee and Elbow pads - Back Protector - Riding Gloves

## Barley Dual Slalom (Sunday 2<sup>nd</sup> September)

### Race Format

This is a separate tournament from the Head2Head, where the first waves of eliminated riders can compete for a trophy. The tournament takes place on Sunday. Unlike the Head2Head, this is a single elimination format, so when a rider loses a race they are eliminated from the tournament without a second chance. This is a “Blind Draw” and riders for the first rounds will be chosen at random, there are no qualification rounds.

**Note:** The nature of this race sometimes involves unintentional contact between the riders. Such contact will be tolerated if, in the view of the Race Organisers, they respect the spirit of the race and the principles of fairness and sportsmanship regarding other competitors.

If the 4 riders fall or fail to cross the finish line:

- The order of arrival is determined by the distance covered by each of the riders.
- The winner of the heat is the one who completed the larger portion of the course.

### The Track

The track starts with a sprint through the event village before crossing the (optional) road gap kicker into the “Crazy Crops” Barley Slalom. It is then simply a race to the bottom of the hill and the first rider to cross the finish line progresses to the next round. The second placed rider is eliminated.

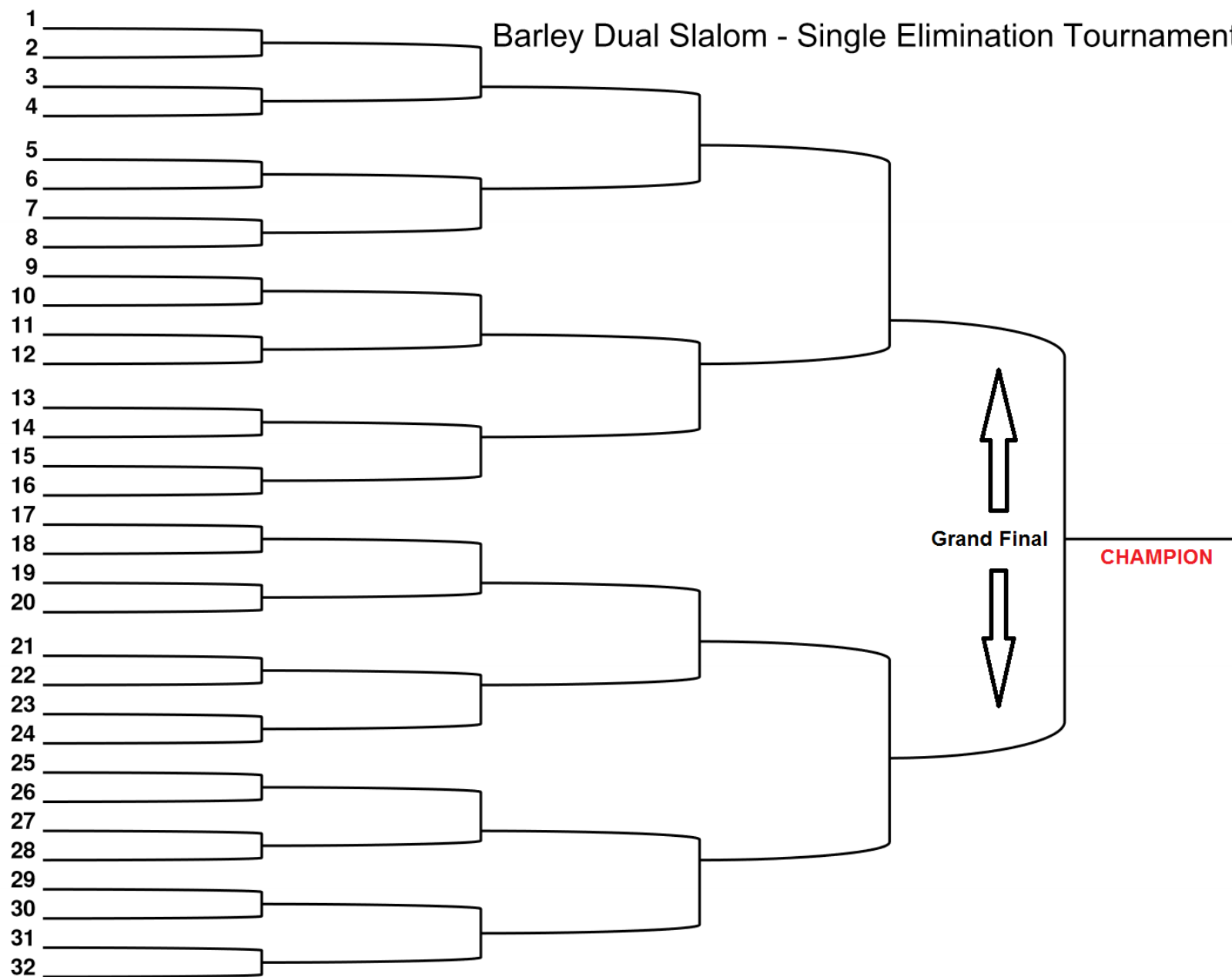
### Mandatory Equipment

- Mountain Bike of any type fitted with off-road tyres in good condition
- Fully fastening, undamaged safety helmet (open or full-face)
- Mountain Bike in full working order including bar ends and working brakes
- Closed-toed shoes
- Packable, thermal/waterproof layer, sufficient snacks and fluids for several hours on the trails, multi-tool, mini-pump, spare tubes, quick link, puncture repair kit (this can be left at the trail head to avoid carrying whilst racing)

### Recommended Equipment for all entrants

- Full Faced Helmet - Knee and Elbow pads - Back Protector - Riding Gloves

# Barley Dual Slalom - Single Elimination Tournament





# **The Muckathlon (Saturday 1<sup>st</sup> September)**

## **Event Format**

The Muckathlon is a “run-bike-run” Duathlon which takes place mostly off-road using farm tracks and paths around Parkhill Farm and the Fife Coastal Path, with one section of public road on the return leg of the cycle section. The competition is open to solos and pairs and runs as a relay format in the case of teams. A team of two will ordinarily consist of one runner and one cyclist. Due to the non-technical trails, the event is suitable for novice off-road cyclists with a decent level of fitness (both running and cycling).

## **The Course**

The race starts from the Event Village with a 4.5km run around Parkhill Farm and along the banks of the River Tay. Once the run has been completed, participants will return to the Event Village to collect their bikes for the second leg which consists of an off-road cycle along the Fife Coastal Path to Normans Law, returning to the Event Village via a public tarmac road. The entire cycle is roughly 20km. The third and final leg of the race is a 5km run around Parkhill Farm and along the banks of the River Tay.

## **Mandatory Equipment**

- Mountain Bike or Hybrid fitted with off-road tyres
- Fully fastening, undamaged safety helmet
- Bar End Plugs
- Working brakes
- Closed-toed shoes
- Sufficient snacks and fluids

## **Recommended Equipment for all entrants**

- Multi-tool, mini-pump, spare tubes, quick link, puncture repair kit
- Packable thermal/waterproof jacket

## Kids Mini-Muckathlon (Sunday 2<sup>nd</sup> September)

### Event Format

The Kids Mini-Muckathlon is open to riders aged 6 to 13. Leaving in age order with the eldest at the front of the pack, the race begins with a “Le Mans style” 100 metre sprint to collect bikes from a row of bike racking at the other end of the event village. The "Ride" section consists of a 1.5km Cross Country cycle around Parkhill Farm and the final "Run" section consists of a 300m run/walk/crawl(!) to the finish line. The finishing order of riders determines final placings and the top three male and female riders within each category qualify for a podium position. Parents are welcome to chaperone children on the course if they wish.

### The Course

The course starts and finishes within the Event Village. The initial “Run” section is approximately 100 metres long across open grassland. The “Bike” section features double track and single track trails around Parkhill Farm and The Eliminator’s famous “Crazy Crops” barley slalom. The final run section consists of a 300m grassy uphill run/walk/(or crawl!) to the finish line. The "ride" section is suitable for 16”+ wheels.

### Mandatory Equipment

- Bike, preferably fitted with off-road tyres
- Fully fastening, undamaged safety helmet
- Bar End Plugs
- Working brakes
- Closed-toed shoes

### Recommended Equipment for all entrants

- Gloves, long sleeved top and long trousers
- Packable waterproof jacket